

HYGIENE KITS CHECKLIST

Please organize and deliver your kit according to the sections below.
Contact Carolyn Healy with questions: chealy@stepuponsecond.org

BASIC HYGIENE KIT

Deliver in a 1 or 2 gallon Ziploc bag. Estimated cost: \$7

- 1 shampoo
- 1 toothbrush
- 1 toothpaste
- 1-2 bars of soap
- 1 large Ziploc bag
- *Feminine Hygiene pads separately
- 1-2 packs of tissues
- 1 hand sanitizer
- 1 shaving cream
- 1 razor
- 1 pack wet wipes
- 1 hair brush or comb

OUTREACH KIT

Deliver each in a drawstring backpack including items from the basic kit. Estimated cost: \$15

- 1 shampoo
- 1 toothbrush
- 1 toothpaste
- 1-2 bars of soap
- 1-2 packs of tissues
- 1 shaving cream
- 1 razor
- 1 hand sanitizer or wet wipes
- 1 pair of black socks
- 1 hand towel or washcloth
- 1 tube of hand lotion
- 1 skull cap/beanie
- 1 pair of gloves
- 1 drawstring backpack

ADDITIONAL ITEMS TO CONSIDER

These are items that outreach teams can add to kits as needed.

- Small water bottles
- Sunblock
- Chewy Granola Bars
- Underwear
- Rain poncho
- Emergency blanket
- Trail mix
- Protein bars
- Water
- Juice boxes