



# IMPACT!

How your investment is changing the future for individuals experiencing mental health issues through supportive housing, vocational training & placement, and a sense of belonging.

...leading the way to life in recovery!



May 2017



## PERMANENT SUPPORTIVE HOUSING The #1 requested supportive service...



Newly refurbished Building 209 on the West L.A. VA Campus.

Step Up, VA Greater Los Angeles Healthcare System, [Give an Hour](#), and [The Campaign to Change Direction](#) are holding a drive to collect items needed for the 54 Veterans moving from the streets to Building 209 on the West LA VA Campus in the coming weeks. Most of the Veterans moving in will have nothing more than what they can carry. Building 209 will END their homelessness, and they will have housing and a rich array of supportive services for the first time in many years. Visit [www.stepuponsecond.org](http://www.stepuponsecond.org) for complete details on how you can participate in the "Welcome Home!" kit drive.

Also, you are invited to help honor these 54 men and women at a special ["Welcome to the Neighborhood!"](#) luncheon at noon on May 2. Join the 54 Veterans moving into Bldg. 209, local and federal dignitaries, Veterans service organizations, and community partners on the West LA VA Campus at 11301 Wilshire Blvd, Bldg. 257, Los Angeles, CA, 90073. Space is limited, so please RSVP soon to: [jhartsock@giveanhour.org](mailto:jhartsock@giveanhour.org).

## VOCATIONAL TRAINING & PLACEMENT Productivity and social connectedness...

Thank you to Santa Monica Rotary Club Foundation for a grant to purchase a warming cabinet for the Step Up on Second kitchen! The new cabinet is used on a daily basis for food preparation for the Meal Program. The Meal Program also serves as a training ground for participants learning transferable job skills through the Vocational Training program. Last year, the Meal Program provided nearly 40,000 meals to hungry participants and the Vocational Program trained 185 people. We are delighted to share this 30+ year partnership with Santa Monica Rotary Club!



<b>Santa Monica:</b>	
Step Up	(310) 394-6889
Daniel's Place	(310) 392-5855
<i>Transitional Aged Youth (18-28 years)</i>	
<b>Hollywood/West Hollywood:</b>	
General Information	(323) 380-7590 x1330
<b>Beverly Hills:</b>	
Street Outreach Team	(310) 901-3020
<b>San Bernardino:</b>	
Field Services	(909) 963-5355

## A SENSE OF BELONGING Mutuality, safety, and respect...



WBC Champion Mia St. John takes Step Up members to the mat.

Mia St. John is in the building! The 5-time World Boxing Champion and soon-to-be Boxing Hall of Fame-r, St. John offers her expertise to Step Up Members in a weekly class providing non-contact boxing moves and cardiovascular exercises.

"Boxing is simply a metaphor for life. If you get knocked down, you get back up. Our defeats are just as important as our victories," says St. John.

A champion of mental health issues, St. John recently opened a free of charge, non-contact boxing gym in Palm Springs in memory of her son Julian, who experienced bouts of homelessness connected to mental health issues. The gym serves individuals experiencing homelessness.

We're proud to have Mia St. John in our corner!