

Why We Are Here

When a young adult develops a mental health issue, it often occurs in the formative years between the ages of 18-28. A previously vital, adept, young adult's behavior changes, as well as their ability to navigate their circumstances. In fact everything changes, including their relationship to their family.

At Daniel's Place, we know that early intervention helps reduce the biological, psychological, and social deterioration that can occur in the period following the onset of a mental health issue.

Reluctance to seek help is often the result of the stigma associated with a mental health concern or lack of knowledge about these types of biological brain disorders and the treatment available.

The difficulty of navigating the mental health system can often delay access to appropriate treatment services as well.

Daniel's Place serves as a central point for the needs of individuals experiencing the initial "first break", as well as young adults previously diagnosed with a mental health issue and support for their families. Our knowledgeable staff offers information, education, support, and assistance in overcoming barriers and effectively linking participants to needed services - either at Daniel's Place or in the local community.



Daniel's Place is a program of Step Up
www.stepuponsecond.org

DANIEL GREENBERG (1959-1997)

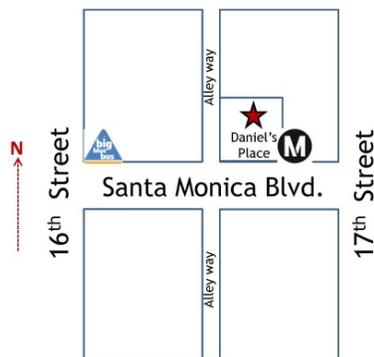


A scholar, athlete, actor, humanitarian, outreach worker at Step Up, and member of its Board of Directors, Daniel's Place was created to honor Daniel's memory and to educate and

support young persons in recovery from mental health concerns.

NO FEES FOR SERVICE

Daniel's Place services are offered free of charge to everyone. Medi-Cal and similar low-income or disability insurances are also accepted for mental health services. Insurance eligibility will be determined during assessment.



BUS LINES NEAR US

Santa Monica Blue Bus #1
(Stop located on 16th Street,
1/2 block west of us)

Metro Bus #4
(Stop located in front of our building,
1/2 block west of 17th Street)

For exact bus directions visit www.metro.net

Call 323-GO METRO
Or 323-466-3876

Daniel's Place

A supportive young adult community
fostering hope, wellness, and recovery.

HOURS:

Monday - Friday
10:00 am to 7:00 pm

Saturday
9:30 am to 6:00 pm



1619 Santa Monica Blvd
Santa Monica, CA 90404

Tel: 310-392-5855
Fax: 310-453-4817

www.danielsplace.org
DP@stepuponsecond.org

Our Purpose

- Daniel's Place assists individuals ages 18-28, who are experiencing a mental health need, and who may or may not be experiencing homelessness. We believe that community and a comfortable social environment are the beginning of a sense of belonging and the path towards wellness and recovery.
- Daniel's Place assists in navigating the mental healthcare system with support, education, and advocacy.
- Daniel's Place helps build support systems in the lives of young adults and families.
- Daniel's Place serves young adults with serious mental health issues, primarily:
 - Major depression
 - Bipolar disorder
 - Schizophrenia disorders

Step Up

Daniel's Place is a program of Step Up, a nationally recognized non-profit 501 (C) (3) organization. The vision of Step Up is to provide Help, Hope, and a Home that leads to recovery for individuals and communities affected by mental health issues.

What We Provide

Daniel's Place offers a wide range of services for individuals and families:

INFORMATION AND EDUCATION

Our dedicated and caring staff can provide answers about mental health issues, "first break" issues, and recovery.

SUPPORT GROUPS

As a rich source of social and emotional support, peer and family groups provide connections with others experiencing similar circumstances to counter the isolating effects of a mental health issue. Groups include: art, music, women's/men's groups, relationships, employment, and other social activities.

PSYCHIATRY, THERAPY, AND CASE MANAGEMENT SERVICES

We link young adults and families to a wide range of services including housing, school, benefits, medication support and therapy, work, and legal.

EMPLOYMENT ASSISTANCE

We encourage involvement in work and/or school setting as part of the road to recovery. Vocational training and supported employment opportunities for participants are available. We offer personal coaching for learning or rebuilding work skills, as well as linkage to educational resources.

Drop-In Center Services

FOR YOUTH EXPERIENCING HOMELESSNESS SERVING 16 TO 25 YEAR OLDS

DROP-IN CENTER HOURS:

Monday-Friday	5:00pm-7:00pm
Saturday	9:30am-6:00pm

- Access to showers, laundry, clothing, hygiene products, and bus tokens.
- Service coordination and linkage to mental health services.
- Weekday meal served at 5:30 p.m.
- Saturday meal served at 3:00 p.m.
- Access to computers, games, & art supplies.
- Social activities and support groups.
- A safe and supportive environment where you can be yourself.

Recovery is Possible

Daniel's Place promotes the early intervention and education to reduce the likelihood of the effects of a mental health issue becoming a persistent and disabling condition.

WE ENCOURAGE AND HELP WITH:

- Being active and assertive on the road to wellness and recovery.
- Peer coaching & independent living skills.
- Involvement in meaningful activities.
- Social connectedness.
- Identifying personal goals and building strategies to achieve them.
- Reaching self-determined goals.