

DANIEL'S PLACE

OCTOBER 2011 CALENDAR OF EVENTS

Phone # (310) 392-5855 Fax # (310) 453-4817

NEW HOURS: Tuesday, Thursday, Friday 8:30 am – 7:00 pm, Wednesday 11:00am- 7:00pm, Saturday 12:00 pm – 5:00 pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1:00 Peer Group 2:00 Painted Brain 2:30 Art Group 3:00 Karaoke
2 Closed	3 Closed	4 11:00 Walking & Talking 12:00 My Relationship with Mary Jane 1:00 Happy Hour 2:00 Peer Group 3:00 Connecting w/ Friends	5 12:00 Goals Group 12:00 New Member Group 1:00 Job Skills Group 2:00 Relationship Group 3:00 Recreation	6 12:00 Walking & Talking 2:00 Lets Vent! 2:00 DP Staff Meeting 4:00 Men's Group	7 Yom Kippur <u>DANIEL'S PLACE CLOSED</u>	8 1:00 Peer Group 2:00 Painted Brain 2:30 Art Group 3:00 Karaoke
9 Closed	10 Closed World Mental Health Day	11 11:00 Walking & Talking 12:00 My Relationship with Mary Jane 1:00 Happy Hour 2:00 Peer Group 3:00 Connecting w/ Friends	12 12:00 Goals Group 12:00 New Member Group 1:00 Job Skills Group 2:00 Relationship Group 3:00 Recreation 6:30 Parent/Family Support Group	13 12:00 Walking and Talking 2:00 Lets Vent! 2:00 DP Staff Meeting 4:00 Men's Group	14 12:00 Guided Meditation 1:00 Women's Group 2:00 Sexuality Group 3:00 Cartooning with Ozzy 4:00 Social Anxiety Group 5:00 Movie Night w/ Dinner	15 1:00 Peer Group 2:00 Painted Brain 2:30 Art Group 3:00 Karaoke
16 Closed	17 Closed	18 11:00 Walking & Talking 12:00 My Relationship with Mary Jane 1:00 Happy Hour 2:00 Peer Group 3:00 Connecting w/ Friends	19 12:00 Goals Group 12:00 New Member Group 1:00 Job Skills Group 2:00 Relationship Group 3:00 Recreation	20 12:00 Walking and Talking 2:00 Lets Vent! 2:00 DP Staff Meeting 4:00 Men's Group	21 12:00 Guided Meditation 1:00 Women's Group 2:00 Sexuality Group 3:00 Cartooning with Ozzy 4:00 Social Anxiety Group 5:00 Movie Night	22 1:00 Peer Group 2:00 Painted Brain 2:30 Art Group 3:00 Karaoke
23/30 Closed	24/31 Closed Halloween	25 11:00 Walking & Talking 12:00 My Relationship with Mary Jane 1:00 Happy Hour 2:00 Peer Group 3:00 Connecting w/ Friends	26 Full Moon 12:00 Goals Group 12:00 New Member Group 1:00 Job Skills Group 2:00 Relationship Group 3:00 Recreation 6:30 Parent/Family Support Group	27 12:00 Walking and Talking 2:00 Lets Vent! 2:00 DP Staff Meeting 4:00 Men's Group	28 12:00 Guided Meditation 1:00 Women's Group 2:00 Sexuality Group 3:00-6:00 DANIEL'S PLACE HALLOWEEN PARTY W/ FOOD, DJ, GAMES AND FUN!	29 1:00 Peer Group 2:00 Painted Brain 2:30 Art Group 3:00 Karaoke

DANIEL'S PLACE

DESCRIPTION OF GROUPS & EVENTS AT DANIEL'S PLACE

NEW ~ 1619 Santa Monica Blvd Santa Monica, CA 90404

www.danielsplace.org

Art Group Saturdays 2:30pm Members get a chance to express themselves through art. Supplies provided by Daniel's Place.

Cartooning with Ozzy Fridays 3pm

Connecting with Friends Tuesday's 3pm Social Support Group to help people connect with other members & learn valuable skills to create & sustain relationships.

DMAC (Daniel's Place Advisory Committee) Open Meetings TBA. DMAC is a bridge for communication among members, staff and the community. The DMAC is designed to help advance Daniel's Place as a mental health service agency and a community.

Goals Group Wednesdays 12pm

NEW!!! Guided Meditation Fridays 12pm Learn how to ease the mind, relax the body, untangle feelings and thoughts to lessen emotional pain, and detect and create pleasure for more peace and freedom.

Happy Hour Tuesdays 1pm Spend an hour laughing and enjoying each other's company. Participate in board games, improv, charades, karaoke, and other side bustin' activities.

Job Skills Group Wednesdays 1pm Members explore resume building, how to fill out applications, do mock interviews, & discuss managing symptoms in the workplace. Assistance with finding jobs! Facilitated by a professional job coach.

Karaoke Saturdays 3pm Are you the next American Idol?

NEW GROUP!!! Lets Vent! Thursdays 2pm

Men's Group Thursdays 3:30pm. Based on a model of peer support, Men's Group is designed as space for men to connect with others & discuss issues important to them.

Movie Night Friday's 5-7pm. One evening a week members choose a movie, sit back & enjoy the comedy or drama in a Daniel's Place group room. Dinner provided on the 2nd and 4th Friday of every month by Daniel's Place.

New Member Orientation Tuesdays 12pm One of Daniel's Place's peer advocates leads an open discussion of what to expect as a member of Daniel's Place. All members are invited to participate as part of welcoming our new members.

My Relationship with Mary Jane Tuesday's 12pm A place to discuss your relationship with Marijuana with a focus on how to reduce or eradicate any harm it has on your health and relationships.

Painted Brain Saturdays 2--4 p.m. Members meet to generate content for publishing a "zine" of drawings, painting, poetry, short stories, & all forms of artistic expression. Focus is also on developing funding & advertising to support the publication of future issues. Come and express your creativity!
www.paintedbrain.org

Parent and Family Support Group 2nd & 4th Wednesdays at 6:30 p.m. Parents who have experienced the chaos & symptoms of their children diagnosed with mental illness, meet with parents & families who for the 1st time face the dilemmas of mental illness including medication, housing, hygiene, siblings. A sharing from the heart.

Peer Group Tuesdays 2pm & Saturdays 1pm Peer support groups have open discussions. Daniel's Place members talk about issues important in their lives which include: learning symptom management & developing coping skills. Members have the opportunity to give & receive support from one another.

Recreation Wednesday's 3pm Staff and members will go to a local park to play a variety of sports, such as basketball, baseball, kickball and much more!

Relationship Group Wednesdays 2pm Come learn how to manifest loving partnerships and strengthen current relationships.

Sexuality Friday's 2:00pm Discuss topics such as Gender Roles, Boundaries, Body Image, Addiction, and more. We have created a safe space for discussions and sharing of information.

NEW!!! Social Anxiety Group Fridays 1pm The social anxiety group is a multi-dimensional program that combines conversation skills, dating, and how to make you feel more comfortable around people. Open discussion, role playing and skits.

Walking & Talking Tuesdays 11am AND Thursdays 12pm

Women's Group Fridays 1pm A time for women to give support to each other about mental health stepping stones, focus on women's issues, and have fun together.